

**CENTRAL ALBERTA WELL SERVICES  
ANNOUNCES APPOINTMENT OF NEW DIRECTOR**

**CALGARY, ALBERTA.** January 30, 2009 – Darryl Wilson, President and Chief Executive Officer of Central Alberta Well Services Corp. (“CWC” or the “Company”) is pleased to announce that Gary L. Bentham, CA has been appointed as a director to the Company's Board. Mr. Bentham is and has been since 2005, the President of BTM Corporate Advisory Inc., an advisory firm that provides corporate finance and consulting services to privately owned companies in Canada and the United States. Prior to 2005, Mr. Bentham was a corporate recovery and audit partner with KPMG LLP Canada, where he served private and public companies in the high technology, financial services, real estate development and energy sectors. While at KPMG, Mr. Bentham served on KPMG Canada's Board of Directors for five (5) years. He is a graduate of the University of Saskatchewan, a Chartered Accountant and a member of the Canadian Institute of Corporate Directors. Mr. Bentham presently serves on the Board of Governors of SAIT Polytechnic and is a director of one other public company. Mr. Bentham will also serve on the Company's Audit Committee.

**About Central Alberta Well Services**

Central Alberta Well Services has its corporate office in Calgary, Alberta, with its operational head office in Red Deer, Alberta, and additional operating centres in Provost, Brooks and Whitecourt, Alberta. The Company provides oilfield services, including well servicing, coil tubing, snubbing, nitrogen, well testing and oilfield equipment rentals to oil and gas companies operating in the Western Canadian Sedimentary Basin.

For more information, please contact:

**Central Alberta Well Services Corp.  
2325, 330 – 5th Avenue SW  
Calgary, Alberta T2P 0L4  
Telephone: (403) 264-2177**

**Darryl E. Wilson  
President & Chief Executive Officer  
Email: darrylwilson@cawsc.com**

**Darcy A. Campbell, CMA  
Vice-President, Finance and Chief Financial Officer  
Email: darcycampbell@cawsc.com**

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*growth of the Company's business and operations; and other matters. Management has made certain assumptions and analyses which reflect their experiences and knowledge in the industry. These assumptions and analyses are believed to be accurate and truthful at the time, but the company can not assure readers that actual results will be consistent with these forward-looking statements. However, whether actual results, performance or achievements will conform to the Company's expectations and predictions is subject to known and unknown risks and uncertainties which could cause actual results to differ materially from the Company's expectations. All forward-looking statements made in the press release are qualified by these cautionary statements and there can be no assurance that the actual results or developments anticipated by the Company will be realized or, even if substantially realized, that they will have the expected outcomes to, or effects on, the Company or its business operations. The Company does not intend and does not assume any obligation to update these forward-looking statements. Any forward-looking statements made previously may be inaccurate now.*

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